

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vercooren cheyenne

Coaches: Ryckeman Brian

Coaches: Versluys Dawn

Coaches: Segaert Wim HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

<b>Event number: 1: 200M BACKSTROKE MIXED 10-10</b>							<b>Heat:2, starttime: 14:03</b>		
<b>Heat: 2/5 Lane : 4 Athlete: BAUWENS ELSA</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time			PB (50m pool): no time					SB: no time	
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0</b>	<b>1 2 5</b>	<b>1 5 0</b>	<b>1 7 5</b>	<b>2 0 0 M</b>	
PB		no time		no time		no time		no time	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 1: 200M BACKSTROKE MIXED 10-10</b>							<b>Heat:5, starttime: 14:13</b>		
<b>Heat: 5/5 Lane : 4 Athlete: QUARTIER QUINN</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time			PB (50m pool): no time					SB: no time	
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0</b>	<b>1 2 5</b>	<b>1 5 0</b>	<b>1 7 5</b>	<b>2 0 0 M</b>	
PB		no time		no time		no time		no time	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 1: 200M BACKSTROKE MIXED 10-10</b>							<b>Heat:5, starttime: 14:13</b>		
<b>Heat: 5/5 Lane : 5 Athlete: DE WILDE ELLA</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time			PB (50m pool): no time					SB: no time	
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0</b>	<b>1 2 5</b>	<b>1 5 0</b>	<b>1 7 5</b>	<b>2 0 0 M</b>	
PB		no time		no time		no time		no time	
	no time								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 2: 100M BACKSTROKE MIXED 9-9</b>					<b>Heat:2, starttime: 14:19</b>				
<b>Heat: 2/2 Lane : 3 Athlete: DAUWE EMMA</b>					<b>Q-time: 99:99:99</b>				
PB (25m pool): no time					PB (50m pool): no time SB: no time				
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>					
PB		no time		no time					
	<i>no time</i>								
	.....	.....	.....	.....					

Coach feedback:

<b>Event number: 3: 400M MEDLEY WOMEN 11+</b>							<b>Heat:2, starttime: 14:28</b>		
<b>Heat: 2/7 Lane : 3 Athlete: DEVUYST OONA</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time							PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	<b>125 M</b>	<b>150 M</b>	<b>175 M</b>	<b>200 M</b>	
PB		no time		no time		no time		no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	
	<b>225 M</b>	<b>250 M</b>	<b>275 M</b>	<b>300</b>	<b>325</b>	<b>350</b>	<b>375</b>	<b>400 M</b>	
PB		no time		no time		no time		no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 3: 400M MEDLEY WOMEN 11+</b>							<b>Heat:2, starttime: 14:28</b>		
<b>Heat: 2/7 Lane : 4 Athlete: ANTIERENS LOUISE</b>							<b>Q-time: 99:99:99</b>		
PB (25m pool): no time							PB (50m pool): no time SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	<b>125 M</b>	<b>150 M</b>	<b>175 M</b>	<b>200 M</b>	
PB		no time		no time		no time		no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	
	<b>225 M</b>	<b>250 M</b>	<b>275 M</b>	<b>300</b>	<b>325</b>	<b>350</b>	<b>375</b>	<b>400 M</b>	
PB		no time		no time		no time		no time	
	<i>no time</i>								
	.....	.....	.....	.....	.....	.....	.....	.....	

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 3: 400M MEDLEY WOMEN 11+</b>							<b>Heat:3, starttime: 14:36</b>	
<b>Heat: 3/7 Lane : 3 Athlete: SEGAERT HANNE</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	<b>1 2 5 M</b>	<b>1 5 0 M</b>	<b>1 7 5 M</b>	<b>2 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	<b>2 2 5 M</b>	<b>2 5 0 M</b>	<b>2 7 5 M</b>	<b>3 0 0</b>	<b>3 2 5</b>	<b>3 5 0</b>	<b>3 7 5</b>	<b>4 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 3: 400M MEDLEY WOMEN 11+</b>							<b>Heat:4, starttime: 14:44</b>	
<b>Heat: 4/7 Lane : 1 Athlete: JUNGBLUTH ELISE</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	<b>1 2 5 M</b>	<b>1 5 0 M</b>	<b>1 7 5 M</b>	<b>2 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	<b>2 2 5 M</b>	<b>2 5 0 M</b>	<b>2 7 5 M</b>	<b>3 0 0</b>	<b>3 2 5</b>	<b>3 5 0</b>	<b>3 7 5</b>	<b>4 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 3: 400M MEDLEY WOMEN 11+</b>							<b>Heat:4, starttime: 14:44</b>	
<b>Heat: 4/7 Lane : 3 Athlete: CANNIERE ERIN</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	<b>1 2 5 M</b>	<b>1 5 0 M</b>	<b>1 7 5 M</b>	<b>2 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	<b>2 2 5 M</b>	<b>2 5 0 M</b>	<b>2 7 5 M</b>	<b>3 0 0</b>	<b>3 2 5</b>	<b>3 5 0</b>	<b>3 7 5</b>	<b>4 0 0 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

Event number: 3: 400M MEDLEY WOMEN 11+							Heat:5, starttime: 14:51	
Heat: 5/7 Lane : 1 Athlete: RYCKEMAN ELLA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	225 M	250 M	275 M	300	325	350	375	400 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 3: 400M MEDLEY WOMEN 11+							Heat:6, starttime: 14:59	
Heat: 6/7 Lane : 4 Athlete: VANDEVIJVERE LORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	225 M	250 M	275 M	300	325	350	375	400 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

Event number: 4: 400M MEDLEY MEN 11+							Heat:1, starttime: 15:15	
Heat: 1/7 Lane : 4 Athlete: VANDEVIJVERE LARS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time				SB: no time	
	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	225 M	250 M	275 M	300	325	350	375	400 M
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 4: 400M MEDLEY MEN 11+</b>							<b>Heat:2, starttime: 15:23</b>	
<b>Heat: 2/7 Lane : 3 Athlete: FERKET AIDAN</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	<b>125 M</b>	<b>150 M</b>	<b>175 M</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	<b>225 M</b>	<b>250 M</b>	<b>275 M</b>	<b>300</b>	<b>325</b>	<b>350</b>	<b>375</b>	<b>400 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 4: 400M MEDLEY MEN 11+</b>							<b>Heat:3, starttime: 15:30</b>	
<b>Heat: 3/7 Lane : 5 Athlete: LAFORCE LANDER</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	<b>125 M</b>	<b>150 M</b>	<b>175 M</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....
	<b>225 M</b>	<b>250 M</b>	<b>275 M</b>	<b>300</b>	<b>325</b>	<b>350</b>	<b>375</b>	<b>400 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 6: 200M BUTTERFLY MEN 11+</b>							<b>Heat:2, starttime: 16:26</b>	
<b>Heat: 2/3 Lane : 2 Athlete: DAUWE LARS</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 6: 200M BUTTERFLY MEN 11+</b>							<b>Heat:2, starttime: 16:26</b>	
<b>Heat: 2/3 Lane : 4 Athlete: STAELENS TYLER</b>							<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100</b>	<b>125</b>	<b>150</b>	<b>175</b>	<b>200 M</b>
PB		no time		no time		no time		no time
	no time							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 7: 100M BUTTERFLY MIXED 10-10</b>					<b>Heat:1, starttime: 16:36</b>	
<b>Heat: 1/3 Lane : 3 Athlete: DE WILDE ELLA</b>					<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>		
PB		no time		no time		
	no time					
	.....	.....	.....	.....		

Coach feedback:

<b>Event number: 7: 100M BUTTERFLY MIXED 10-10</b>					<b>Heat:3, starttime: 16:41</b>	
<b>Heat: 3/3 Lane : 1 Athlete: BAUWENS ELSA</b>					<b>Q-time: 99:99:99</b>	
PB (25m pool): no time			PB (50m pool): no time			SB: no time
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>		
PB		no time		no time		
	no time					
	.....	.....	.....	.....		

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>			<b>Heat:3, starttime: 17:07</b>		
<b>Heat: 3/9 Lane : 5 Athlete: VANDEVIJVERE LORE</b>			<b>Q-time: 00:38:99</b>		
PB (25m pool): 00:38.99 WAREGEM 27/09/2025		PB (50m pool): 00:43.51 SB: 00:38.99 WAREGEM 27/09/2025			
	<b>25 M</b>	<b>50 M</b>			
PB		00:38.99			
	00:38.99				
	.....	.....			

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:4, starttime: 17:08</b>	
<b>Heat: 4/9 Lane : 4 Athlete: NAESENS MYRTHE</b>		<b>Q-time: 00:36:03</b>	
PB (25m pool): 00:41.98 Diksmuide 16/10/2022		PB (50m pool): 00:35.16 SB: no time	
	<b>25 M</b>	<b>50 M</b>	
PB		00:41.98	
		00:41.98	
	.....	.....	

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:6, starttime: 17:10</b>	
<b>Heat: 6/9 Lane : 1 Athlete: ANTIERENS LOUISE</b>		<b>Q-time: 00:34:53</b>	
PB (25m pool): 00:36.05 WAREGEM 27/09/2025		PB (50m pool): 00:34.53 SB: 00:36.05 WAREGEM 27/09/2025	
	<b>25 M</b>	<b>50 M</b>	
PB		00:36.05	
		00:36.05	
	.....	.....	

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:6, starttime: 17:10</b>	
<b>Heat: 6/9 Lane : 3 Athlete: SEGAERT HANNE</b>		<b>Q-time: 00:32:59</b>	
PB (25m pool): 00:33.97 WAREGEM 27/09/2025		PB (50m pool): 00:32.59 SB: 00:33.97 WAREGEM 27/09/2025	
	<b>25 M</b>	<b>50 M</b>	
PB		00:33.97	
		00:33.97	
	.....	.....	

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:6, starttime: 17:10</b>	
<b>Heat: 6/9 Lane : 4 Athlete: CANNIERE ERIN</b>		<b>Q-time: 00:32:89</b>	
PB (25m pool): 00:34.57 WAREGEM 27/09/2025		PB (50m pool): 00:32.89 SB: 00:34.57 WAREGEM 27/09/2025	
	<b>25 M</b>	<b>50 M</b>	
PB		00:34.57	
		00:34.57	
	.....	.....	

Coach feedback:

# Henri Lecluyse dag5: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:7, starttime: 17:11</b>
<b>Heat: 7/9 Lane : 4 Athlete: JUNGBLUTH ELISE</b>	<b>Q-time: 00:31:21</b>	
PB (25m pool): 00:29.48 Brugge 20/10/2024		PB (50m pool): 00:30.30 SB: no time
	<b>25 M</b>	<b>50 M</b>
PB		00:29.48
	00:29.48	
	.....	.....

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:7, starttime: 17:11</b>
<b>Heat: 7/9 Lane : 5 Athlete: RYCKEMAN ELLA</b>	<b>Q-time: 00:31:53</b>	
PB (25m pool): 00:35.24 Waregem 28/09/2024		PB (50m pool): 00:31.53 SB: no time
	<b>25 M</b>	<b>50 M</b>
PB		00:35.24
	00:35.24	
	.....	.....

Coach feedback:

<b>Event number: 8: 50M FREESTYLE WOMEN 11+</b>		<b>Heat:9, starttime: 17:13</b>
<b>Heat: 9/9 Lane : 1 Athlete: DEVUYST OONA</b>	<b>Q-time: 00:29:53</b>	
PB (25m pool): 00:29.53 WAREGEM 27/09/2025		PB (50m pool): 00:30.02 SB: 00:29.53 WAREGEM 27/09/2025
	<b>25 M</b>	<b>50 M</b>
PB		00:29.53
	00:29.53	
	.....	.....

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN 11+</b>		<b>Heat:4, starttime: 17:19</b>
<b>Heat: 4/8 Lane : 5 Athlete: FERKET AIDAN</b>	<b>Q-time: 00:36:30</b>	
PB (25m pool): 00:41.97 Waregem 28/09/2024		PB (50m pool): 00:36.30 SB: no time
	<b>25 M</b>	<b>50 M</b>
PB		00:41.97
	00:41.97	
	.....	.....

Coach feedback:



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<b>Event number: 9: 50M FREESTYLE MEN 11+</b>		<b>Heat:5, starttime: 17:20</b>
<b>Heat: 5/8 Lane : 5 Athlete: STAELENS TYLER</b>		<b>Q-time: 00:34:58</b>
PB (25m pool): 00:34.37 Waregem 28/09/2024		PB (50m pool): 00:34.58 SB: no time
	<b>25 M</b>	<b>50 M</b>
PB		00:34.37
	00:34.37	
	.....	.....

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN 11+</b>		<b>Heat:6, starttime: 17:21</b>
<b>Heat: 6/8 Lane : 4 Athlete: LAFORCE LANDER</b>		<b>Q-time: 00:31:57</b>
PB (25m pool): 00:31.57 WAREGEM 27/09/2025		PB (50m pool): 00:31.84 SB: 00:31.57 WAREGEM 27/09/2025
	<b>25 M</b>	<b>50 M</b>
PB		00:31.57
	00:31.57	
	.....	.....

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN 11+</b>		<b>Heat:7, starttime: 17:22</b>
<b>Heat: 7/8 Lane : 1 Athlete: DAUWE LARS</b>		<b>Q-time: 00:31:49</b>
PB (25m pool): 00:32.02 WAREGEM 27/09/2025		PB (50m pool): 00:31.49 SB: 00:32.02 WAREGEM 27/09/2025
	<b>25 M</b>	<b>50 M</b>
PB		00:32.02
	00:32.02	
	.....	.....

Coach feedback:

<b>Event number: 9: 50M FREESTYLE MEN 11+</b>		<b>Heat:7, starttime: 17:22</b>
<b>Heat: 7/8 Lane : 5 Athlete: SEGAERT KOBE</b>		<b>Q-time: 00:31:34</b>
PB (25m pool): 00:31.22 Diksmuide 01/12/2024		PB (50m pool): 00:31.34 SB: no time
	<b>25 M</b>	<b>50 M</b>
PB		00:31.22
	00:31.22	
	.....	.....

Coach feedback: